



Gradient Flows Computing the C -numerical Range with Applications in NMR Spectroscopy*

U. HELMKE¹, K. HÜPER¹, J.B. MOORE²
and TH. SCHULTE-HERBRÜGGEN³

¹Department of Mathematics, University of Würzburg, Am Hubland, D-97074 Würzburg, Germany
(E-mail: {helmke,hueper}@mathematik.uni-wuerzburg.de)

²Department of Systems Engineering, RSISE, The Australian National University, Canberra ACT
0200, Australia (E-mail: john.moore@anu.edu.au)

³Department of Chemistry, Carlsberg Laboratory, DK-2500 Valby, Denmark (E-mail: tosh@crc.dk)

Abstract. In this paper gradient flows on unitary matrices are studied that maximize the real part of the C -numerical range of an arbitrary complex $n \times n$ -matrix A . The geometry of the C -numerical range can be quite complicated and is only partially understood. A numerical discretization scheme of the gradient flow is presented that converges to the set of critical points of the cost function. Special emphasis is taken on a situation arising in NMR spectroscopy where the matrices C, A are nilpotent and the C -numerical range is a circular disk in the complex plane around the origin.

Key words: C -numerical range, Optimization, Gradient flows, Discretization, NMR spectroscopy, Nilpotent matrices

1. Introduction

The C -numerical range and the C -numerical radius were introduced by Goldberg and Straus [9] as generalisations of the classical numerical range $W(A)$ and radius $r(A)$, respectively. Let $U(n, \mathbb{C})$ denote the compact Lie group of all unitary complex $n \times n$ -matrices $U \in \mathbb{C}^{n \times n}$ satisfying $UU^\dagger = I_n$, where $U^\dagger = \overline{U}^T$ denotes Hermitian conjugate, i.e., complex conjugate transpose. For arbitrary complex matrices $C, A \in \mathbb{C}^{n \times n}$ the C -numerical range of A is the subset of the complex plane defined as

$$W(C, A) := \{\operatorname{tr}(C^\dagger UAU^\dagger) \mid U \in U(n, \mathbb{C})\}. \quad (1)$$

Unlike the usual numerical range $W(A)$ of A , where C is a rank one Hermitian projection operator and $W(A)$ is convex, the geometry of the C -numerical range can be quite complicated and is only partially understood. See, e.g., the special issue [1] for a collection of papers on the C -numerical range.

From (1) it is easily seen that $W(C, A)$ is invariant under unitary similarities of A and C . Furthermore, $W(C, A)$ is the continuous image of $U(n, \mathbb{C})$ and therefore

* Extended paper version of a talk given at the MTNS '2000 conference, July 19–23, 2000, Perpignan, France.

is compact and connected. Moreover, $W(C, A)$ is star like with respect to the point $(\operatorname{tr} C^\dagger)(\operatorname{tr} A)/n$ (see [6]).

In general, $W(C, A)$ is not convex but even if it is, then sharp estimates on the size of $W(C, A)$ are unknown. It is therefore desirable to develop numerical methods that enable one to find sharp bounds on the size of $W(C, A)$. A natural measure of the size of $W(C, A)$ is the so-called *C-numerical radius* of A

$$r_C(A) := \max \{ |\operatorname{tr}(C^\dagger U A U^\dagger)| \mid U \in U(n, \mathbb{C}) \}. \quad (2)$$

Thus $r_C(A)$ is the smallest radius of disks centered at the origin containing $W(C, A)$. An upper bound for the *C-numerical radius* $r_C(A)$ is due to von Neumann, see [9, 18], as

$$r_C(A) \leq \|A\|_C, \quad (3)$$

where

$$\|A\|_C = \max_{V, W} |\operatorname{tr}(V A W C^\dagger)| \leq \sum_i \sigma_i(A) \sigma_i(C), \quad V, W \in U(n, \mathbb{C}) \quad (4)$$

denotes the *C-spectral norm*, and $\sigma_i(A)$ and $\sigma_i(C)$ denote the singular values of A and C ordered in descending magnitude, respectively. Equality is reached if A and C are normal. Alternatively, one can consider the smallest sizes of rectangular boxes containing $W(C, A)$. This leads to the problem of finding the smallest/largest real and imaginary parts of points in the *C-numerical range*, i.e., the boundary points of the compact intervals

$$\begin{aligned} \Re(W(C, A)) &:= \{ \Re(\operatorname{tr}(C^\dagger U A U^\dagger)) \mid U \in U(n, \mathbb{C}) \}, \\ \Im(W(C, A)) &:= \{ \Im(\operatorname{tr}(C^\dagger U A U^\dagger)) \mid U \in U(n, \mathbb{C}) \}. \end{aligned} \quad (5)$$

In [2] the boundary $\partial W(C, A)$ of the *C-numerical range* for normal A and C is studied. The authors classify points of $\partial W(C, A)$ by regularity, i.e., via their degree of smoothness. Except for the heuristic approach outlined in [8] there is to the best of our knowledge no reported constructive method for computing $\partial W(C, A)$ in the general case.

Since

$$\Im(W(C, A)) = \Re(W(iC, A)), \quad i := \sqrt{-1}$$

we focus on the task of optimizing the smooth function

$$\begin{aligned} f : U(n, \mathbb{C}) &\rightarrow \mathbb{R}, \\ f(U) &= \Re(\operatorname{tr}(C^\dagger U A U^\dagger)). \end{aligned} \quad (6)$$

We approach the problem of optimizing the function f by designing a suitable gradient flow, see also [8] for a similar approach. A discretization of the gradient flow is given that leads to a numerical algorithm of finding the critical points of f .

A complete theory is available for Hermitian matrices C, A (see [10]). For arbitrary matrices C, A the function f may have local minima or local maxima and therefore the gradient algorithm may not always converge to the global maximum. Thus a general critical point analysis of f is difficult and currently out of reach. Nevertheless, the gradient flow approach leads to further insights and may provide, e.g., sometimes good estimates for the maximum, which are hard to achieve otherwise. We illustrate this by studying the gradient flow for special choices of nilpotent matrices C, A .

The maximization task for f as a means to assess $r_C(A)$ also arises in a natural way in physics: It amounts to maximizing the generalised quantum mechanical expectation value governing the signal intensity in coherent ensemble spectroscopy. Here we show that our methods lead to state of the art theoretical bounds in nuclear magnetic resonance (NMR) spectroscopy. See [5, 8] for parallel efforts to tackle related problems.

First, while recalling some definitions of quantum mechanics we relate the generalised notions of a quantum mechanical expectation value and the C -numerical range. In cases relevant to the dynamics of spin-1/2 particles, the aim is to determine its extremal point, the C -numerical radius, see (2).

(I) QUANTUM MECHANICS OF CLOSED SYSTEMS

Usually, a state of a closed quantum system is represented by a *state vector* $\psi(t)$, i.e., by an element of a Hilbert space \mathcal{H} . In multi-body problems, the total Hilbert space is composed by taking the tensor product over all the single particle ones $\mathcal{H} = \mathcal{H}_1 \otimes \mathcal{H}_2 \otimes \dots$. A quantum mechanical *observable* $X = X^\dagger$ is a linear selfadjoint operator on \mathcal{H} , and its *expectation value* $\langle X \rangle$ then takes the form of a scalar product on \mathcal{H} , the linear functional $\langle X \rangle_\psi = \langle \psi | X \psi \rangle$.

Moreover, if $U(t) \in U(\mathcal{H})$ is a one-parameter group of unitary operators on a Hilbert space \mathcal{H} , then there is a linear self-adjoint operator H on \mathcal{H} called the *Hamiltonian* which generates the unitary group by $U(t) = e^{-itH}$ (Stone's theorem). This accounts for the deterministic part of quantum mechanical time evolution solving Schrödinger's equation of motion

$$i \frac{\partial}{\partial t} \psi(t) = H \psi(t) \quad (7)$$

by $U(t) = e^{-itH}$ such as to give

$$\psi(t) = U(t) \psi(0). \quad (8)$$

(II) QUANTUM MECHANICS OF ENSEMBLES

In ensembles or in open quantum systems, a state is represented by a selfadjoint non-negative linear operator normalised to a trace of one: it is called a *density*

operator D [19]. Then $D = D^\dagger \geq 0$ (i.e., the scalar product $\langle \psi | D \psi \rangle \geq 0$ for all $\psi \in \mathcal{H}$) and $\text{tr } D = 1$. If $D^2 = D$ then D represents a *pure state*, otherwise a *non-pure state*. Only pure states can be written as dyadic products $|\psi\rangle\langle\psi|$, whereas non-pure ones are non-trivial convex (i.e., trace-preserving) linear combinations of pure ones (giving coherent superpositions). Non-pure states are generic in open quantum systems or ensembles.

Nevertheless, the immediate analogue to Schrödinger's equation of motion reads

$$i \frac{\partial}{\partial t} D(t) = [H, D(t)] \quad (9)$$

with the solution

$$D(t) = U(t) D(0) U(t)^\dagger. \quad (10)$$

Hamiltonian time evolution is reversible; it induces an automorphism on the algebra of observables.

(III) RELATION TO C-NUMERICAL RANGE

In view of later applications, we now generalise the traditional concepts of expectation values $\langle X \rangle_D = \text{tr}(UDU^\dagger X)$ and substitute the selfadjoint operators D, X by two elements A, C that are no longer necessarily selfadjoint. A and C may thus collect 'some experimentally relevant terms' from states D or observables X . The generalised expectation value $\langle C \rangle_A = \text{tr}(UAU^\dagger C^\dagger)$ then is an element of the C -numerical range of A , the largest absolute value of which is the C -numerical radius of A .

In physical terms, the C -numerical radius determines the largest (absolute) generalised expectation value. Therefore it is of important significance to the experimentalist: It specifically defines the maximum achievable projection under unitary transfer of signal-relevant components A from a given initial quantum state onto the signal-relevant components C^\dagger of a given observable.

As already mentioned above, little is known when it comes to explicitly calculating either the C -numerical radius $r_C(A)$ or $\Re(\text{tr}(C^\dagger UAU^\dagger))$ for non-normal complex square matrices A, C , see also [12], as occurring in problems of physics. Then the maximum transfer determined by $\max_{U \in (n, \mathbb{C})} \Re(\text{tr}(C^\dagger UAU^\dagger))$ (respectively, $r_C(A)$) can actually be obtained, provided the entire pertinent special unitary group is generated by experimentally accessible system Hamiltonians. It can be shown constructively that under mild conditions, this is the case in spin-1/2 systems [15]. So, for optimizing experiments in many kinds of coherent ensemble spectroscopy, the knowledge of maximum values is of considerable interest.

We emphasize that the matrices A and C in our application are always finite dimensional. For the NMR applications we have in mind only N -spin-1/2 systems are relevant, i.e., the matrices $A, C \in \mathbb{C}^{2^N \times 2^N}$.

2. Gradient flows for the C -numerical range

Before analyzing the specific situation of interest in NMR spectroscopy, we first derive some general results concerning the C -numerical range for arbitrary matrices. Thus let C, A be arbitrary and

$$W(C, A) := \{\operatorname{tr}(C^\dagger U A U^\dagger) \mid U \in U(n, \mathbb{C})\}. \quad (11)$$

Recall that the set $U(n, \mathbb{C})$ of complex unitary matrices is a compact connected Lie group of real dimension n^2 . The tangent space of $U(n, \mathbb{C})$ at an element U is

$$T_U U(n, \mathbb{C}) = \{\Omega U \mid \Omega^\dagger = -\Omega\}. \quad (12)$$

In particular, the tangent space of $U(n, \mathbb{C})$ at the identity element I is the Lie algebra

$$\mathfrak{u}(n, \mathbb{C}) := \{\Omega \in \mathbb{C}^{n \times n} \mid \Omega^\dagger = -\Omega\} \quad (13)$$

of all skew-Hermitian matrices. In the sequel, we will endow $U(n, \mathbb{C})$ with its bi-invariant Riemannian metric defined on the tangent spaces $T_U U(n, \mathbb{C})$ as

$$\langle \Omega_1 U, \Omega_2 U \rangle := \Re(\operatorname{tr}(\Omega_1^\dagger \Omega_2)). \quad (14)$$

The next lemma characterizes the critical points of the map $q : U(n, \mathbb{C}) \rightarrow \mathbb{R}^2$ with image $q(U(n, \mathbb{C})) = W(C, A)$

$$q : U(n, \mathbb{C}) \rightarrow \mathbb{R}^2, \\ U \mapsto \left(\Re(\operatorname{tr}(C^\dagger U A U^\dagger)), \Im(\operatorname{tr}(C^\dagger U A U^\dagger)) \right), \quad (15)$$

for fixed but arbitrary square and complex matrices A, C .

LEMMA 2.1 [7]. *Let q be defined by (15). Then*

(a) *The tangent map $Dq(U) : T_U U(n, \mathbb{C}) \rightarrow \mathbb{R}^2$ is given by*

$$Dq(U)(\Omega U) = \left(\Re(\operatorname{tr}(\Omega[B, C^\dagger])), \Im(\operatorname{tr}(\Omega[B, C^\dagger])) \right),$$

where $\Omega U \in T_U U(n, \mathbb{C})$, $\Omega = -\Omega^\dagger$, and $B := U A U^\dagger$.

(b) *The rank of q at U is*

$$\operatorname{rk}_U(q) = \dim \operatorname{lin}(W([B, C^\dagger])),$$

where $\operatorname{lin}(S)$ denotes the linear subspace of \mathbb{R}^2 generated by the subset $S \subset \mathbb{R}^2$ and $W(Z)$ is the classical numerical range defined by

$$W(Z) := \{x^\dagger Z x \mid x \in \mathbb{C}^n, \|x\| = 1\}.$$

□

COROLLARY 2.1 *Sharp points in $W(C, A)$, i.e., the values $q(U)$ of critical points U having rank zero derivative are characterized by $[UAU^\dagger, C^\dagger] = 0$. \square*

We now investigate a measure of size of the C -numerical range.

2.1. EUCLIDEAN DISTANCE FUNCTION

For any $U \in U(n, \mathbb{C})$ the Euclidean distance between C and UAU^\dagger is

$$\|C - UAU^\dagger\|^2 = \|C\|^2 + \|A\|^2 - 2\Re(\text{tr}(C^\dagger UAU^\dagger)), \tag{16}$$

where here and in the sequel $\|\cdot\|$ always means the Frobenius norm, i.e., $\|C\| = \sqrt{\text{tr}(CC^\dagger)}$. Thus minimizing the distance between C and UAU^\dagger is the same as maximizing the trace function $f : U(n, \mathbb{C}) \rightarrow \mathbb{R}$, defined by (6). Let

$$X = X_+ + X_- = \frac{X + X^\dagger}{2} + \frac{X - X^\dagger}{2} \tag{17}$$

denote the unique decomposition of $X \in \mathbb{C}^{n \times n}$ into Hermitian part X_+ and skew-Hermitian part X_- . Let

$$[A, B] := AB - BA \tag{18}$$

denote the commutator. Then

$$[A, B]_- = \frac{[A, B] + [A^\dagger, B^\dagger]}{2}. \tag{19}$$

The gradient flow appearing in the next theorem has been first used in [8] as a means to optimize f .

THEOREM 2.1 *The gradient flow of $f : U(n, \mathbb{C}) \rightarrow \mathbb{R}$ defined by (6) with respect to the bi-invariant Riemannian metric (14) is given from the gradient*

$$\text{grad } f(U) = [C^\dagger, UAU^\dagger]_- U \tag{20}$$

as

$$\begin{aligned} \dot{U} &= \text{grad } f(U) \\ &= [C^\dagger, UAU^\dagger]_- U \\ &= \frac{1}{2}(C^\dagger UA + CUA^\dagger - UAU^\dagger C^\dagger U - UA^\dagger U^\dagger CU). \end{aligned} \tag{21}$$

Every solution of (21) exists in $U(n, \mathbb{C})$ for all $t \in \mathbb{R}$ and converges for $t \rightarrow \pm\infty$ to a critical point. The critical points of f are characterized as

$$[C^\dagger, UAU^\dagger] = [C^\dagger, UAU^\dagger]^\dagger. \tag{22}$$

Proof. The Fréchet derivative of f at $U \in U(n, \mathbb{C})$ is the linear map on the tangent space $T_U U(n, \mathbb{C})$ defined by

$$\begin{aligned} Df(U)(\Omega U) &= \Re(\operatorname{tr}(C^\dagger[\Omega, UAU^\dagger])) \\ &= \Re(\operatorname{tr}([UAU^\dagger, C^\dagger]\Omega)) \\ &= \operatorname{tr}([C^\dagger, UAU^\dagger]^\dagger_- \Omega) \end{aligned} \quad (23)$$

and therefore

$$\operatorname{grad} f(U) = [C^\dagger, UAU^\dagger]_- U \quad (24)$$

is the gradient. By compactness of $U(n, \mathbb{C})$ the solution of (21) exists for all $t \in \mathbb{R}$ and converges to the set of critical points. Since $\operatorname{grad} f$ is a real analytic gradient vector field the pointwise convergence of (21) follows from a result by Łojasiewicz [14]. The result follows. \square

Note that the gradient flow (21) tends to maximize the trace function $f : U(n, \mathbb{C}) \rightarrow \mathbb{R}$. Moreover, if $C = C^\dagger$ and $A = A^\dagger$ are both Hermitian then the gradient flow simplifies to

$$\dot{U} = [C, UAU^\dagger]U. \quad (25)$$

In this case critical points are characterized as,

$$[C, UAU^\dagger] = 0 \quad (26)$$

because $[C, UAU^\dagger]_- = [C, UAU^\dagger]$ holds. In this simpler situation a complete phase portrait analysis of the gradient flow can be given; see [3] and [10]. The general case studied here is, however, more complicated and not fully understood. If only $C = C^\dagger$ is Hermitian then the flow is seen as equal to

$$\begin{aligned} \dot{U} &= [C^\dagger, U(A + A^\dagger)U^\dagger]_- U \\ &= [C, U(A + A^\dagger)U^\dagger]_- U \\ &= \frac{1}{2} \left([C, U(A + A^\dagger)U^\dagger] - [C, U(A + A^\dagger)U^\dagger]^\dagger \right) U \\ &= [C, U(A + A^\dagger)U^\dagger]U \end{aligned} \quad (27)$$

and we are reduced to the fully Hermitian case.

Stability properties of the critical points of (21) are expressed in terms of the eigenvalues of the Hessian. To determine the Hessian of $f : U(n, \mathbb{C}) \rightarrow \mathbb{R}$ at a critical point $U_\infty \in U(n, \mathbb{C})$, with $A_\infty := U_\infty A U_\infty^\dagger$, one has to compute the second derivative of

$$\phi(t) = \Re(\operatorname{tr}(C^\dagger e^{t\Omega} A_\infty e^{-t\Omega})) \quad (28)$$

at $t = 0$ for arbitrary $\Omega \in \mathfrak{u}(n, \mathbb{C})$:

$$\phi''(0) = \Re(\operatorname{tr}(C^\dagger[\Omega, [\Omega, A_\infty]])). \quad (29)$$

We compute the Hessian bilinear form by the familiar polarization process from the quadratic form (29). A straight forward computation shows the following result.

PROPOSITION 2.1 *Let $U_\infty \in U(n, \mathbb{C})$ be a critical point of $f : U(n, \mathbb{C}) \rightarrow \mathbb{R}$, $A_\infty := U_\infty A U_\infty^\dagger$, and let*

$$S : \mathfrak{u}(n, \mathbb{C}) \rightarrow \mathfrak{u}(n, \mathbb{C})$$

be the self-adjoint operator defined as

$$S(\Omega) := [[\Omega, A_\infty], C^\dagger] + [C, [A_\infty^\dagger, \Omega]] + [[\Omega, C], A_\infty^\dagger] + [A_\infty, [C^\dagger, \Omega]].$$

Then the Hessian of f at U_∞ is given as the symmetric bilinear form

$$H_f(\Omega_1, \Omega_2) = \frac{1}{4} \text{tr}(\Omega_1 S(\Omega_2)).$$

Moreover,

$$\frac{1}{2} S(\Omega) = [[\Omega, A_\infty], C^\dagger]_- + [[\Omega, C], A_\infty^\dagger]_-.$$

□

3. Discretization

We now aim at a suitable step size selection to derive an implementable numerical integration scheme for the above differential equation. Standard numerical integration methods such as, e.g., the Euler method are not applicable here as they do not preserve the unitary nature of the solution. The discretization we propose is similar as in [8]

$$U_{k+1} = \exp(\alpha_k [C^\dagger, U_k A U_k^\dagger]_-) U_k \quad (30)$$

yet with a specific step size $\alpha_k \geq 0$ to be determined. See [4, 10] for similar step size selection schemes in different contexts.

THEOREM 3.1 *Let*

$$\alpha_k := \frac{\| [C^\dagger, U_k A U_k^\dagger]_- \|^2}{\| [C^\dagger, [C^\dagger, U_k A U_k^\dagger]_-] \| \cdot \| [U_k A U_k^\dagger, [C^\dagger, U_k A U_k^\dagger]_-] \|}. \quad (31)$$

Then (30) converges to the set of critical points of f .

Proof. For $\Omega := [C^\dagger, B]_-$, $B := U_k A U_k^\dagger$ let

$$\phi(t) := \Re(\text{tr}(C^\dagger e^{t\Omega} B e^{-t\Omega})). \quad (32)$$

The derivative of ϕ is

$$\phi'(t) = \Re(\text{tr}([e^{t\Omega} B e^{-t\Omega}, C^\dagger] \Omega)) \quad (33)$$

with

$$\begin{aligned}
\phi'(0) &= \Re(\operatorname{tr}([B, C^\dagger]\Omega)) \\
&= \operatorname{tr}([B, C^\dagger]_-\Omega) \\
&= -\operatorname{tr}(\Omega^2) \\
&= \|\Omega\|^2 \\
&= \|[C^\dagger, B]_-\|^2 \\
&\geq 0
\end{aligned} \tag{34}$$

and $\phi'(0) = 0$ if and only if U_k is a critical point of f . Moreover,

$$\phi''(t) = \Re(\operatorname{tr}([C^\dagger, \Omega][\Omega, e^{t\Omega} B e^{-t\Omega}])). \tag{35}$$

Therefore, since $e^{t\Omega}$ is unitary, we have for all t

$$\begin{aligned}
|\phi''(t)| &\leq \|[C^\dagger, \Omega]\| \cdot \|\Omega, e^{t\Omega} B e^{-t\Omega}\| \\
&= \|[C^\dagger, \Omega]\| \cdot \|e^{t\Omega}[\Omega, B]e^{-t\Omega}\| \\
&= \|[C^\dagger, \Omega]\| \cdot \|\Omega, B\|.
\end{aligned} \tag{36}$$

By the Mean Value Theorem this implies

$$|\phi'(t) - \phi'(0)| \leq \sup_{0 \leq \tau \leq t} |\phi''(\tau)| \cdot t. \tag{37}$$

That is, for

$$t \leq \alpha_k := \frac{\|\Omega\|^2}{\|[C^\dagger, \Omega]\| \cdot \|\Omega, B\|} \tag{38}$$

then by (36)

$$\begin{aligned}
|\phi'(t) - \phi'(0)| &\leq \|[C^\dagger, \Omega]\| \cdot \|\Omega, B\| \cdot t \\
&\leq \|\Omega\|^2 \\
&= \phi'(0).
\end{aligned} \tag{39}$$

This shows that

$$\phi'(t) \geq 0 \quad \text{for } t \in [0, \alpha_k] \tag{40}$$

and therefore ϕ is monotonically increasing on $[0, \alpha_k]$. Thus

$$\phi(\alpha_k) \leq \phi(t_*), \tag{41}$$

i.e.,

$$\begin{aligned}
0 &\leq \phi(\alpha_k) - \phi(0) \\
&\leq \phi(t_*) - \phi(0)
\end{aligned} \tag{42}$$

with

$$t_* := \arg \max\{\phi(t) | t \geq 0\} \in [0, \infty). \quad (43)$$

Since $e^{t\Omega}$ stays in the compact set $U(n, \mathbb{C})$, t_* exists (although it need not be finite). The result now follows from a familiar Lyapunov-type argument, as explained in section 2.3 of [10]. \square

In particular the above result holds for all step sizes $0 \leq \alpha \leq \alpha_k$. Thus upper bounds on the denominator in α_k lead to more conservative step size selection schemes.

COROLLARY 3.1 *Convergence of (30) holds for the step size*

$$\alpha_k^* = \frac{\| [C^\dagger, U_k A U_k^\dagger]_- \|}{2\|A\| \cdot \| [C^\dagger, [C^\dagger, U_k A U_k^\dagger]_-] \|} \quad (44)$$

and in particular for the constant step size

$$\alpha_k^{**} = \frac{1}{4\|A\| \cdot \|C\|}. \quad (45)$$

Proof. From

$$\begin{aligned} \| [B, \Omega] \| &\leq 2\|B\| \cdot \|\Omega\| \\ &= 2\|A\| \cdot \|\Omega\| \end{aligned} \quad (46)$$

we obtain

$$\begin{aligned} \alpha_k^* &= \frac{\|\Omega\|}{2\|A\| \cdot \| [C^\dagger, \Omega] \|} \\ &\leq \frac{\|\Omega\|^2}{\| [C^\dagger, \Omega] \| \cdot \| [\Omega, B] \|} \\ &= \alpha_k. \end{aligned} \quad (47)$$

and similarly

$$\alpha_k^{**} \leq \alpha_k^*. \quad \square$$

Recently, many of the existing numerical integration schemes which are usually formulated with respect to \mathbb{R}^n were generalized to the Lie group case. That is, if instead on \mathbb{R}^n the solution of a system of ordinary differential equations (ODE) is a smooth curve on a *Lie group*, these new methods also produce iterates living

$$C_3 = \left[\begin{array}{c|c} 0 & I_8 \\ \hline I_8 & 0 \end{array} \right],$$

$$A_3 = \left[\begin{array}{c|c|c|c} \begin{matrix} 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \end{matrix} & 0 & 0 & 0 \\ \hline I_4 & \begin{matrix} 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \end{matrix} & 0 & 0 \\ \hline 0 & 0 & \begin{matrix} 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \end{matrix} & 0 \\ \hline 0 & 0 & I_4 & \begin{matrix} 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \end{matrix} \end{array} \right]. \tag{51}$$

Hence,

$$C_n = \begin{bmatrix} 0 & 0 \\ I_{2^n} & 0 \end{bmatrix}, \quad A_n = \left[\begin{array}{c|c} A_{n-1} + C_{n-1} & 0 \\ \hline 0 & A_{n-1} + C_{n-1} \end{array} \right]. \tag{52}$$

LEMMA 4.1 For $C = \begin{bmatrix} 0 & 0 \\ I & 0 \end{bmatrix}$ and A arbitrary but square the C -numerical range $W(C, A)$ is a circular disk around the origin, i.e.,

$$W(C, A) = e^{i\theta} W(C, A)$$

for all $\theta \in \mathbb{R}$.

Proof. Note that C is of the so-called block-shift form, therefore Theorem 2.1. in [13] can be applied. \square

The critical points of $f : U(2^{n+1}, \mathbb{C}) \rightarrow \mathbb{R}$, defined by (6) can be characterized in a somewhat more explicit way.

LEMMA 4.2 Let $C = C_n$ as in (48) and A arbitrary but square. Let $B := UAU^\dagger$ with $U \in U(2^{n+1}, \mathbb{C})$. U is a critical point for f if and only if

$$B = UAU^\dagger = \begin{bmatrix} B_1 & B_2 \\ H & B_1 \end{bmatrix} \tag{53}$$

with $H = H^\dagger$ Hermitian.

Proof. By (22)

$$\begin{aligned} [C^\dagger, B] &= \begin{bmatrix} 0 & I_n \\ 0 & 0 \end{bmatrix} \begin{bmatrix} B_1 & B_2 \\ B_3 & B_4 \end{bmatrix} - \begin{bmatrix} B_1 & B_2 \\ B_3 & B_4 \end{bmatrix} \begin{bmatrix} 0 & I_n \\ 0 & 0 \end{bmatrix} \\ &= \begin{bmatrix} B_3 & B_4 - B_1 \\ 0 & -B_3 \end{bmatrix} \end{aligned}$$

is Hermitian. Therefore $B_4 = B_1$ and $B_3 = B_3^\dagger$ must hold. □

Note that there exists an orthogonal permutation matrix P such that

$$\begin{aligned}
 PA_n P^\dagger &= P \begin{bmatrix} N_n & 0 \\ 0 & N_n \end{bmatrix} P^\dagger \\
 &= P \begin{bmatrix} N_{n-1} & 0 & 0 & 0 \\ I_{2^{n-1}} & N_{n-1} & 0 & 0 \\ 0 & 0 & N_{n-1} & 0 \\ 0 & 0 & I_{2^{n-1}} & N_{n-1} \end{bmatrix} P^\dagger \\
 &= \left[\begin{array}{cc|cc} N_{n-1} & 0 & & 0 \\ 0 & N_{n-1} & & 0 \\ \hline I_{2^n} & & N_{n-1} & 0 \\ & & 0 & N_{n-1} \end{array} \right].
 \end{aligned} \tag{54}$$

COROLLARY 4.1 For $C = C_n$ and $A = A_n$ the permutation matrix P defined by (54) is a critical point of

- (a) the map $q : U(2^{n+1}, \mathbb{C}) \rightarrow \mathbb{R}^2$, defined by (15),
 (b) the cost function $f : U(2^{n+1}, \mathbb{C}) \rightarrow \mathbb{R}$, defined by (6).

Proof. Note that $[PA_n P^\dagger, C_n^\dagger] = \begin{bmatrix} -I_{2^n} & 0 \\ 0 & I_{2^n} \end{bmatrix}$. From

$$\text{lin } W(X) = i \text{tr}(X \cdot u(2^{n+1}, \mathbb{C}))$$

it follows that

$$\text{lin } W([PA_n P^\dagger, C_n^\dagger]) = i \text{tr} \left(\begin{bmatrix} -I_{2^n} & 0 \\ 0 & I_{2^n} \end{bmatrix} \cdot u(2^{n+1}, \mathbb{C}) \right).$$

But any skew-Hermitian matrix has purely imaginary diagonal entries and therefore

$$\dim \text{lin } W([PA_n P^\dagger, C_n^\dagger]) = 1 < 2.$$

Part (b) follows since $PA_n P^\dagger$ has the form (53). □

Now we apply Lemma 2.1 to the case $C = \begin{bmatrix} 0 & 0 \\ I & 0 \end{bmatrix}$. By Lemma 4.1 $W(C, A)$ is a disk around 0. By Corollary 2.1 the derivative of q at U has rank zero if and only if $[C^\dagger, UAU^\dagger] = 0$ holds. Defining

$$B = \begin{bmatrix} B_1 & B_2 \\ B_3 & B_4 \end{bmatrix} := UAU^\dagger,$$

then $[C^\dagger, B] = 0$ is equivalent to $B_1 = B_4$ and $B_3 = 0$, i.e.,

$$B = \begin{bmatrix} B_1 & B_2 \\ 0 & B_1 \end{bmatrix}.$$

Consequently, $\text{tr}(C^\dagger B) = 0$. That is, we have proved

LEMMA 4.3 For n even let $C = \begin{bmatrix} 0 & 0 \\ I_{n/2} & 0 \end{bmatrix}$ and let $q : U(n, \mathbb{C}) \rightarrow \mathbb{R}^2$, defined by (15). Then any rank zero critical point U of q has critical value $q(U) = 0$. \square

The next result shows that critical values of q form circles in \mathbb{R}^2 .

THEOREM 4.1 For n even let $C = \begin{bmatrix} 0 & 0 \\ I_{n/2} & 0 \end{bmatrix}$ and let $q : U(n, \mathbb{C}) \rightarrow \mathbb{R}^2$, defined by (15). Let U be a rank one critical point of q with critical value $q(U)$. Then for all $\phi \in \mathbb{R}$

$$e^{i\phi} q(U)$$

is also a critical value.

Proof. For arbitrary $X \in \mathbb{C}^{n \times n}$ it holds

$$\begin{aligned} \text{lin } W(X) &= i \text{tr}(X \cdot u(n, \mathbb{C})) \\ &= \left\{ i \text{tr}(X V i \Lambda V^\dagger) \mid V \in U(n, \mathbb{C}), \Lambda = \text{diag}(\lambda_1, \dots, \lambda_n), \lambda_1, \dots, \lambda_n \in \mathbb{R} \right\}. \end{aligned}$$

Therefore, $\dim \text{lin } W(X) = 1$ is equivalent to saying that the diagonal entries $y_{ii} \in \mathbb{C}$ of $Y = (y_{ij}) := V^\dagger X V$ for all $V \in U(n, \mathbb{C})$ are elements of one and the same real one-dimensional subspace of $\mathbb{R}^2 \cong \mathbb{C}$. Now assume $\dim \text{lin } W(X) = 1$. Hence, there exists an $\alpha \in \mathbb{R}$ such that for all $V \in U(n, \mathbb{C})$ the diagonal entries $e^{i\alpha} y_{ii}$ of the matrix $e^{i\alpha} Y$ are real. Decompose $e^{i\alpha} Y = (e^{i\alpha} Y)_+ + (e^{i\alpha} Y)_-$ into Hermitian and skew-Hermitian part. Consequently, for all $V \in U(n, \mathbb{C})$ the diagonal entries of $(e^{i\alpha} Y)_- = (e^{i\alpha} Y - e^{-i\alpha} Y^\dagger)/2$ have to be zero, i.e., the skew-Hermitian part itself has to be zero, i.e., $e^{i\alpha} Y = (e^{i\alpha} Y)_+ = e^{-i\alpha} Y^\dagger$ is Hermitian. Now set $X = [B, C^\dagger]$ with $B = \begin{bmatrix} B_1 & B_2 \\ B_3 & B_4 \end{bmatrix} := U A U^\dagger$. Then

$$e^{i\alpha} X = e^{i\alpha} \begin{bmatrix} -B_3 & B_1 - B_4 \\ 0 & B_3 \end{bmatrix}$$

is also Hermitian. Hence $e^{i\alpha} B_3 = e^{-i\alpha} B_3^\dagger$ and $B_1 = B_4$. Therefore B has the structure

$$B = \begin{bmatrix} B_1 & B_2 \\ e^{-i\alpha} K & B_1 \end{bmatrix} \quad \text{with} \quad K = K^\dagger = e^{i\alpha} B_3.$$

An easy calculation shows that if U is critical of rank one with critical value $q(U) = e^{-i\alpha} \text{tr } K$ then for all $\phi \in \mathbb{R}$

$$\begin{bmatrix} e^{-i\phi/2} I_{n/2} & 0 \\ 0 & e^{i\phi/2} I_{n/2} \end{bmatrix} U$$

is also a rank one critical point with critical value $e^{i(\phi-\alpha)} \text{tr } K$. The result follows. \square
The following Theorem gives upper bounds for $\mathfrak{R}(\text{tr}(C_n^\dagger U A_n U^\dagger))$ for any $n \in \mathbb{N}$.

THEOREM 4.2 For A_n, C_n , defined by (48) and for all $U \in U(2^{n+1}, \mathbb{C})$ it holds

$$\Re(\operatorname{tr}(C_n^\dagger U A_n U^\dagger)) \leq 2(n-m) \binom{n}{m}$$

where $m = n/2$ if n is even and $m = (n-1)/2$ if n is odd.

Proof. Define for all $n \in \mathbb{N}_0$

$$F_n := \begin{bmatrix} 0 & I_{2^n} \\ I_{2^n} & 0 \end{bmatrix}, \quad G_n := i \begin{bmatrix} 0 & I_{2^n} \\ -I_{2^n} & 0 \end{bmatrix}, \quad (55)$$

and for all $n \in \mathbb{N}$ recursively

$$X_n := \begin{bmatrix} X_{n-1} + F_{n-1} & 0 \\ 0 & X_{n-1} + F_{n-1} \end{bmatrix}, \quad X_0 := 0_2, \quad (56)$$

$$Y_n := \begin{bmatrix} Y_{n-1} + G_{n-1} & 0 \\ 0 & Y_{n-1} + G_{n-1} \end{bmatrix}, \quad Y_0 := 0_2. \quad (57)$$

By induction on n it is easily seen that for all $n \in \mathbb{N}$

$$C_n = \frac{1}{2}(F_n + iG_n)$$

$$A_n = \frac{1}{2}(X_n + iY_n)$$

coincide with the formerly defined matrices A_n, C_n , see (48). That is, we get for all $n \in \mathbb{N}$ the unique additive decomposition of A_n and C_n , respectively, into Hermitian and skew-Hermitian parts. Consequently,

$$\Re \operatorname{tr}(C_n^\dagger U A_n U^\dagger) = \frac{1}{4} \operatorname{tr}(F_n U X_n U^\dagger + G_n U Y_n U^\dagger). \quad (58)$$

Now we compute the eigenvalues of X_n and Y_n , respectively. Let

$$\pi_n(\lambda) := \det(\lambda I - X_n)$$

be the characteristic polynomial of X_n . By definition (56) of X_n

$$\pi_n(\lambda) := \det(\lambda I - F_{n-1} - X_{n-1})^2.$$

But

$$\begin{aligned} \det(\lambda I - F_{n-1} - X_{n-1}) &= \det \begin{bmatrix} \lambda I - F_{n-2} - X_{n-2} & I \\ I & \lambda I - F_{n-2} - X_{n-2} \end{bmatrix} \\ &= \det((\lambda I - F_{n-2} - X_{n-2})^2 - I) \\ &= \det(\lambda I - I - F_{n-2} - X_{n-2}) \cdot \\ &\quad \det(\lambda I + I - F_{n-2} - X_{n-2}). \end{aligned}$$

Therefore,

$$\begin{aligned} \det(\lambda I - F_{n-1} - X_{n-1})^2 &= \det((\lambda - 1)I - F_{n-2} - X_{n-2})^2 \cdot \\ &\quad \det((\lambda + 1)I - F_{n-2} - X_{n-2})^2 \\ &= \pi_{n-1}(\lambda - 1) \cdot \pi_{n-1}(\lambda + 1), \end{aligned}$$

i.e.,

$$\pi_n(\lambda) = \pi_{n-1}(\lambda - 1) \cdot \pi_{n-1}(\lambda + 1).$$

By induction on n we get

LEMMA 4.4 *The eigenvalues of X_n , or equivalently, the roots of $\pi_n(\lambda)$ are given as*

$$n - 2k, \quad k = 0, 1, \dots, n,$$

each occurring with multiplicity

$$2 \binom{n}{k},$$

respectively. □

By the same arguments the eigenvalues of Y_n can be computed. In fact, it turns out that the spectrum of Y_n and the spectrum of X_n are identical. From the definition of F_n and G_n , see (55), it is easily seen that the spectrum of F_n and the spectrum of G_n are also identical, the eigenvalues being ± 1 , each with multiplicity 2^n .

Now we are in the position to compute the maximum values

$$\max_{U \in U(2^{n+1}, \mathbb{C})} \operatorname{tr}(F_n U X_n U^\dagger)$$

and

$$\max_{U \in U(2^{n+1}, \mathbb{C})} \operatorname{tr}(G_n U Y_n U^\dagger),$$

respectively. By the hermiticity of the matrices F_n , G_n , X_n , and Y_n it is a well known fact that these maximum values are just the sum of the pairwise products of the eigenvalues of G_n and Y_n , (respectively, F_n and X_n), provided that they are

ordered similarly by their magnitude. Therefore,

$$\begin{aligned}
\max_{U \in U(2^{n+1}, \mathbb{C})} \operatorname{tr}(F_n U X_n U^\dagger) &= \max_{U \in U(2^{n+1}, \mathbb{C})} \operatorname{tr}(G_n U Y_n U^\dagger) \\
&= 2 \sum_{k=0}^m 2 \binom{n}{k} (n - 2k) \\
&= 4 \sum_{k=0}^m n \left(\binom{n-1}{k} - \binom{n-1}{k-1} \right) \\
&= 4n \binom{n-1}{m} \\
&= 4(n - m) \binom{n}{m}
\end{aligned}$$

Now, it is a priori not evident (and in general wrong) that this maximum value is *simultaneously* attained, i.e., that there exists a unitary matrix, say $\tilde{U} \in U(2^{n+1}, \mathbb{C})$, such that

$$\operatorname{tr}(F_n \tilde{U} X_n \tilde{U}^\dagger) = \operatorname{tr}(G_n \tilde{U} Y_n \tilde{U}^\dagger) = 4(n - m) \binom{n}{m}.$$

Nevertheless, we at least obtain the estimate

$$\begin{aligned}
\max_{U \in U(2^{n+1}, \mathbb{C})} \Re(\operatorname{tr}(C_n^\dagger U A_n U^\dagger)) &= \frac{1}{4} \max_{U \in U(2^{n+1}, \mathbb{C})} \operatorname{tr}(F_n \tilde{U} X_n \tilde{U}^\dagger + G_n \tilde{U} Y_n \tilde{U}^\dagger) \\
&\leq 2(n - m) \binom{n}{m}
\end{aligned}$$

as claimed. \square

COROLLARY 4.2 For $n = 1, 2$ the upper bounds of Theorem 4.2 are sharp ones, i.e.,

- (a) $\max_{U \in U(4, \mathbb{C})} \Re(\operatorname{tr}(C_1^\dagger U A_1 U^\dagger)) = 2,$
(b) $\max_{U \in U(8, \mathbb{C})} \Re(\operatorname{tr}(C_2^\dagger U A_2 U^\dagger)) = 4.$

Proof. Using the orthogonal permutation matrix P defined by (54) the maximum value is attained for $n = 1, 2$. \square

Our next result yields an upper bound on $\max_{U \in U(2^{n+1}, \mathbb{C})} \Re(\operatorname{tr}(C_n^\dagger U A_n U^\dagger))$ which is independent of n for sufficiently large n . We first need a lemma.

LEMMA 4.5 For A_n and C_n as defined in (48) it holds

$$\|C_n\|^2 = 2^n, \quad \|A_n\|^2 = n2^n.$$

Proof. One has

$$\|C_n\|^2 = \operatorname{tr} I_{2^n} = 2^n.$$

Also

$$\begin{aligned} \|A_n\|^2 &= 2\|A_{n-1} + C_{n-1}\|^2 \\ &= 2\|A_{n-1}\|^2 + 2\|C_{n-1}\|^2 + 4\operatorname{tr}(A_{n-1}^\top C_{n-1}). \end{aligned}$$

Since

$$C_{n-1} = \begin{bmatrix} 0 & 0 \\ I_{2^{n-1}} & 0 \end{bmatrix}, \quad A_{n-1}^\top = \begin{bmatrix} A_{n-2}^\top + C_{n-2}^\top & 0 \\ 0 & A_{n-2}^\top + C_{n-2}^\top \end{bmatrix},$$

we see that $\operatorname{tr}(A_{n-1}^\top C_{n-1}) = 0$ and therefore

$$\|A_n\|^2 = 2\|A_{n-1}\|^2 + 2^n, \quad \|A_0\|^2 := 0.$$

Thus

$$\|A_n\|^2 = \sum_{k=0}^{n-1} 2^k 2^{n-k} = n2^n.$$

□

From Theorem 4.2 and Lemma 4.5 we have

$$\frac{\max_{U \in U(2^{n+1}, \mathbb{C})} \Re(\operatorname{tr}(C_n^\dagger U A_n U^\dagger))}{\|A_n\| \cdot \|C_n\|} \leq \frac{2(n-m)nm}{\sqrt{n}2^n} =: k_n.$$

Let $n := 2m$ be even. By Stirling's formula

$$n! \approx \sqrt{2\pi n} \left(\frac{n}{e}\right)^n.$$

Thus

$$\begin{aligned} k_{2m} &= \frac{2m \binom{2m}{m}}{\sqrt{2m} 2^{2m}} \\ &= \sqrt{2m} 2^{-2m} \frac{(2m)!}{m!m!} \\ &\approx \sqrt{2m} 2^{-2m} \frac{\sqrt{2\pi 2m}}{\sqrt{2\pi m} \sqrt{2\pi m}} \frac{\left(\frac{2m}{e}\right)^{2m}}{\left(\frac{m}{e}\right)^{2m}} \\ &= 2^{-2m} \sqrt{\frac{2}{\pi}} 2^{2m} \\ &= \sqrt{\frac{2}{\pi}} < 1. \end{aligned}$$

Thus for n sufficiently large the upper bound

$$k_n \approx \sqrt{\frac{2}{\pi}}.$$

These bounds improve the SVD upper bounds (3) already known, see e.g., [8] and references cited therein. For $n \leq 3$ they are also reported in [17]. The fully Hermitian case appeared already in [16].

4.1. STEP SIZE SELECTIONS REVISITED

We have seen that the step size

$$\alpha_k = \frac{\| [C^\dagger, U_k A U_k^\dagger]_- \|^2}{\| [C^\dagger, [C^\dagger, U_k A U_k^\dagger]_-] \| \cdot \| [U_k A U_k^\dagger, [C^\dagger, U_k A U_k^\dagger]_-] \|}. \quad (59)$$

guarantees convergence. Consider the nilpotent matrices A_n and C_n as in (48). For the block partitioned matrices

$$B^{(k)} := U_k A U_k^\dagger = \begin{bmatrix} B_{11}^{(k)} & B_{12}^{(k)} \\ B_{21}^{(k)} & B_{22}^{(k)} \end{bmatrix},$$

the step size (59) is rewritten as

$$\alpha_k = \frac{\| [C^\dagger, B^{(k)}]_- \|^2}{\| [C^\dagger, [C^\dagger, B^{(k)}]_-] \| \cdot \| [B^{(k)}, [C^\dagger, B^{(k)}]_-] \|}. \quad (60)$$

Now

$$\begin{aligned} \| [C^\dagger, B^{(k)}]_- \|^2 &= \left\| \begin{bmatrix} (B_{21}^{(k)})_- & B_{22}^{(k)} - B_{11}^{(k)} \\ -(B_{22}^{(k)} - B_{11}^{(k)})^\dagger & -(B_{21}^{(k)})_- \end{bmatrix} \right\|^2 \\ &= 2\|(B_{21}^{(k)})_-\|^2 + 2\|B_{22}^{(k)} - B_{11}^{(k)}\|^2. \end{aligned}$$

Also

$$\begin{aligned} \| [C^\dagger, [C^\dagger, B^{(k)}]_-] \| &= \left\| \begin{bmatrix} -(B_{22}^{(k)} - B_{11}^{(k)})^\dagger & -2(B_{21}^{(k)})_- \\ 0 & (B_{22}^{(k)} - B_{11}^{(k)})^\dagger \end{bmatrix} \right\| \\ &= \sqrt{2\|B_{22}^{(k)} - B_{11}^{(k)}\|^2 + 4\|(B_{21}^{(k)})_-\|^2}. \end{aligned}$$

But

$$\| [B^{(k)}, [C^\dagger, B^{(k)}]_-] \| \leq 2\|A\| \cdot \| [C^\dagger, B^{(k)}]_- \|.$$

Thus convergence still holds for

$$\frac{\| [C^\dagger, B^{(k)}]_- \|}{2\|A\| \cdot \| [C^\dagger, [C^\dagger, B^{(k)}]_-] \|} = \frac{1}{2\|A\|} \sqrt{\frac{2\|(B_{21}^{(k)})_-\|^2 + 2\|B_{22}^{(k)} - B_{11}^{(k)}\|^2}{4\|(B_{21}^{(k)})_-\|^2 + 2\|B_{22}^{(k)} - B_{11}^{(k)}\|^2}}$$

and hence for the lower bound

$$\frac{1}{2\sqrt{2}\|A\|}.$$

Consequently, using Lemma 4.5, we have proved

THEOREM 4.3 *Let A_n and C_n as in (48). Then for the constant step size*

$$\alpha^{***} = \frac{1}{\sqrt{n}2^{n+3}} \tag{61}$$

the algorithm

$$U_{k+1} = e^{\alpha^{***}[C^\dagger, U_k A U_k^\dagger]_-} U_k$$

converges to the set of critical points of $f(U) = \Re \operatorname{tr}(C^\dagger U A U^\dagger)$. □

REMARK 4.1 *For all $n \in \mathbb{N}$ with $n \geq 2$ it holds $\alpha^{**} \leq \alpha^{***}$.* □

We conclude with the following conjecture that gives the prospective maximal values of the cost function.

CONJECTURE 4.1 *For A_n, C_n , defined by (48) the gradient flow of the function $\Re(\operatorname{tr}(C_n^\dagger U A_n U^\dagger))$ converges to the following maximal values f_n^{\max} :*

n	1	2	3	4	5	6
f_n^{\max}	2	4	$4(1 + \sqrt{3})$	$8(1 + \sqrt{3})$	$16(1 + \sqrt{3}) + 4\sqrt{5}$	$32(1 + \sqrt{3}) + 8\sqrt{5}$

For numerical illustration, we compare the values from the above Conjecture with the more conservative estimate given in Theorem 4.2 as well as with the even rougher upper bound by the C -spectral norm of A (see Eq. 4) mentioned in the introduction.

n	1	2	3	4	5	6
f_n^{\max}	2	4	10.9282	21.8564	52.6571	105.3142
$f_n^{\text{Th.4.2}} = 2(n-m) \binom{n}{m}$	2	4	12	24	60	120
$f_n^{\text{SVD}} = \ A_n\ _{C_n}$	2	5.6569	12.9282	29.1117	66.5067	142.2638

5. Numerical experiments

In this section we present a few numerical experiments. We apply our discretization method (30) to maximize the function $f : U(2^{n+1}, \mathbb{C}) \rightarrow \mathbb{R}$, defined by (6) to the above special case of nilpotent matrices. For $n = 1$ the matrices A_1 and C_1 , defined by (49), are unitarily similar, so we disregard this case. For $n = 2, \dots, 6$ see the recursive definition (48) of the matrices A_n and C_n , respectively. Initial unitary matrices U_0 are chosen by computing the QR-decomposition of a randomly generated complex matrix. Each plot combines the trajectories of five different initial values. Experiments with the step sizes α_k , α_k^* , and α^{***} , defined by (31), (44), and (61), respectively, are reported below. The function

$$\text{cost} := f_n^{\max} - \Re(\text{tr}(C_n^\dagger U_k A_n U_k^\dagger))$$

is plotted on a logarithmic scale against the number of iterations. The values of f_n^{\max} for $n = 2, \dots, 6$ are taken from Conjecture 4.1. Figure 1 shows experiments with the adaptive step size (31). The contents of Figure 2 are simulations with the more conservative step size selection of (44), whereas the last figure shows the relatively slow convergence of the constant step size defined by (61). The termination criteria we used for the several plots can be seen from the following table.

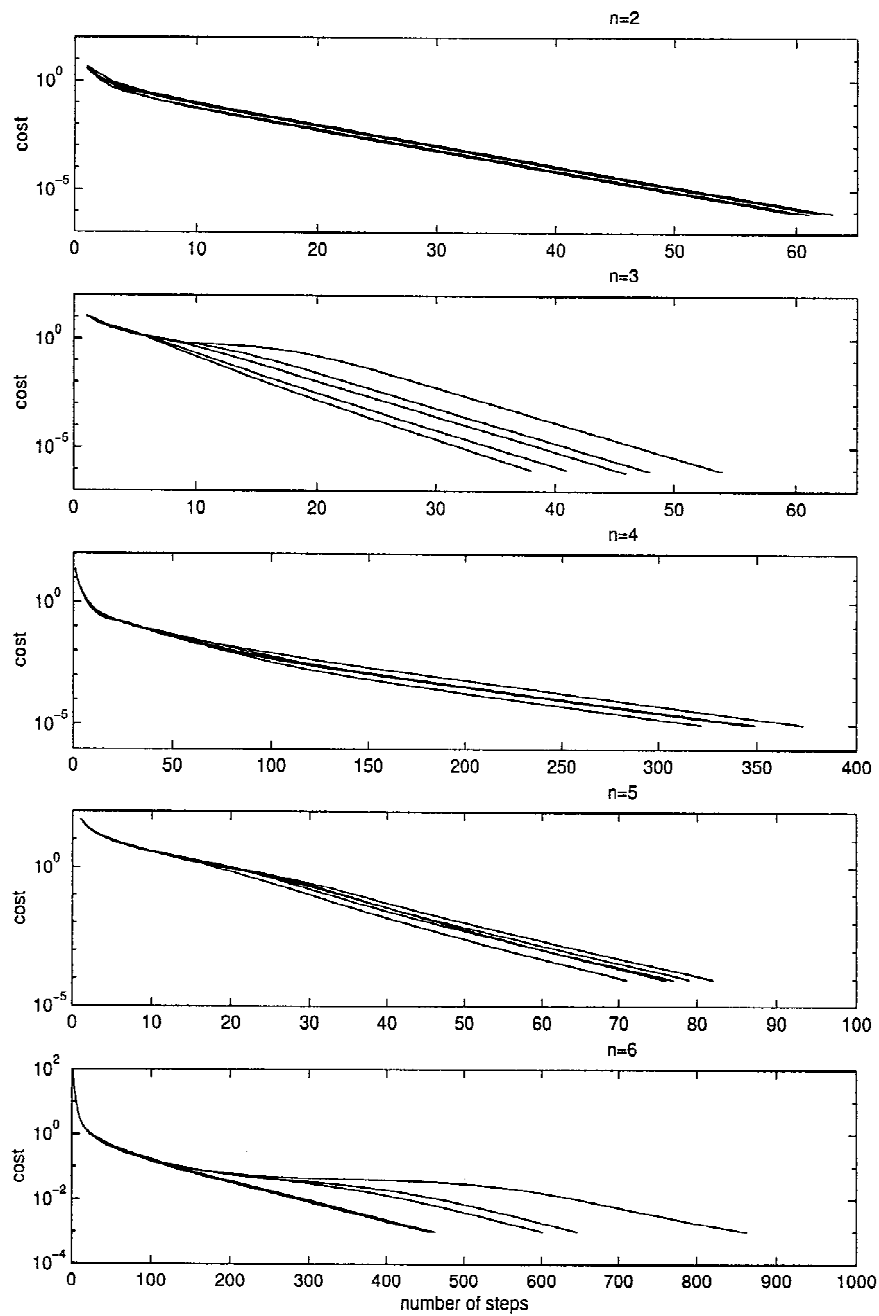


Figure 1. Minimization of the function $\text{cost} := f_n^{\max} - \Re(\text{tr}(C_n^\dagger U_k A_n U_k^\dagger))$ by discretization of the associated gradient flow using the adaptive step size α_k , defined by (31).

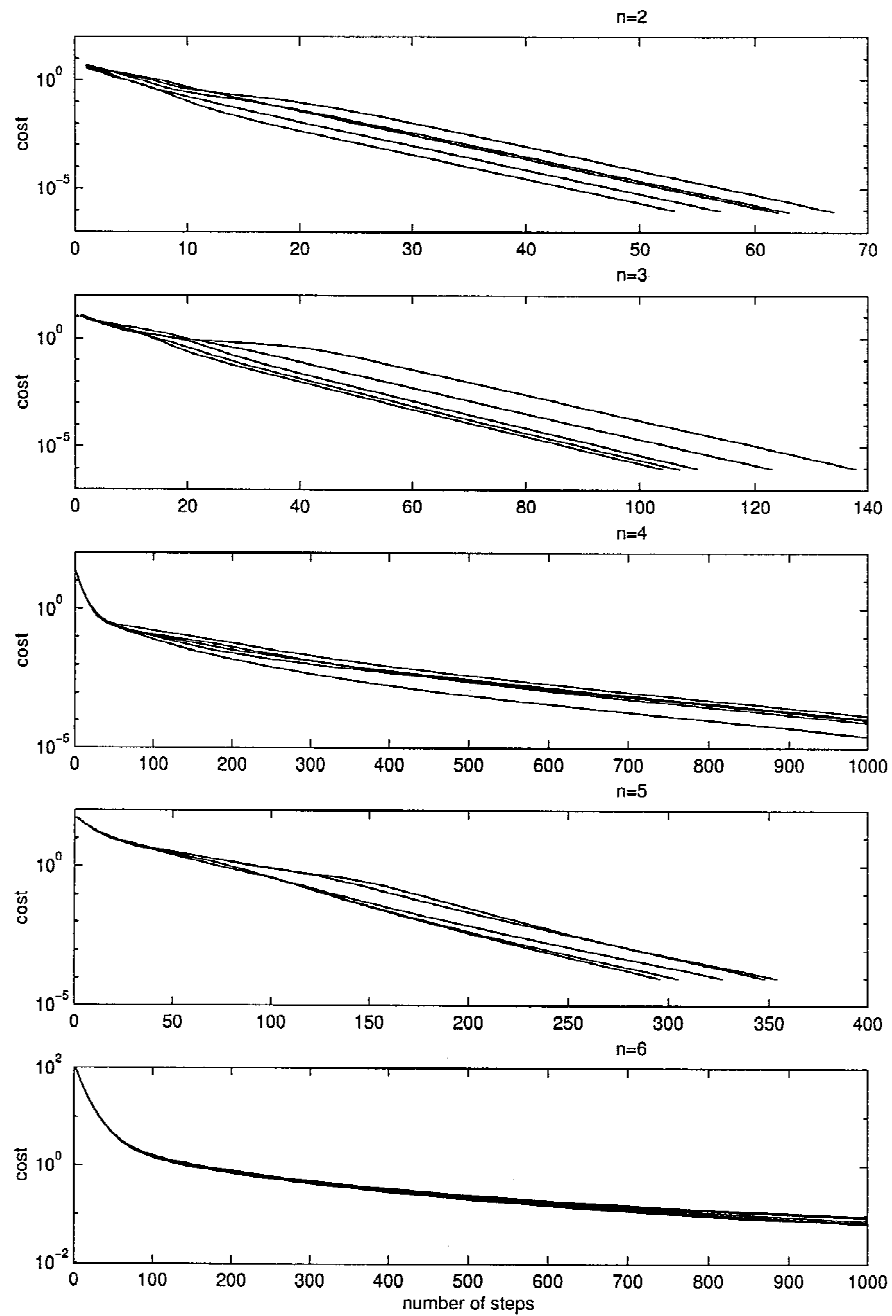


Figure 2. Minimization of the function $\text{cost} := f_n^{\max} - \Re(\text{tr}(C_n^\dagger U_k A_n U_k^\dagger))$ by discretization of the associated gradient flow using the adaptive step size α_k^* , defined by (44).

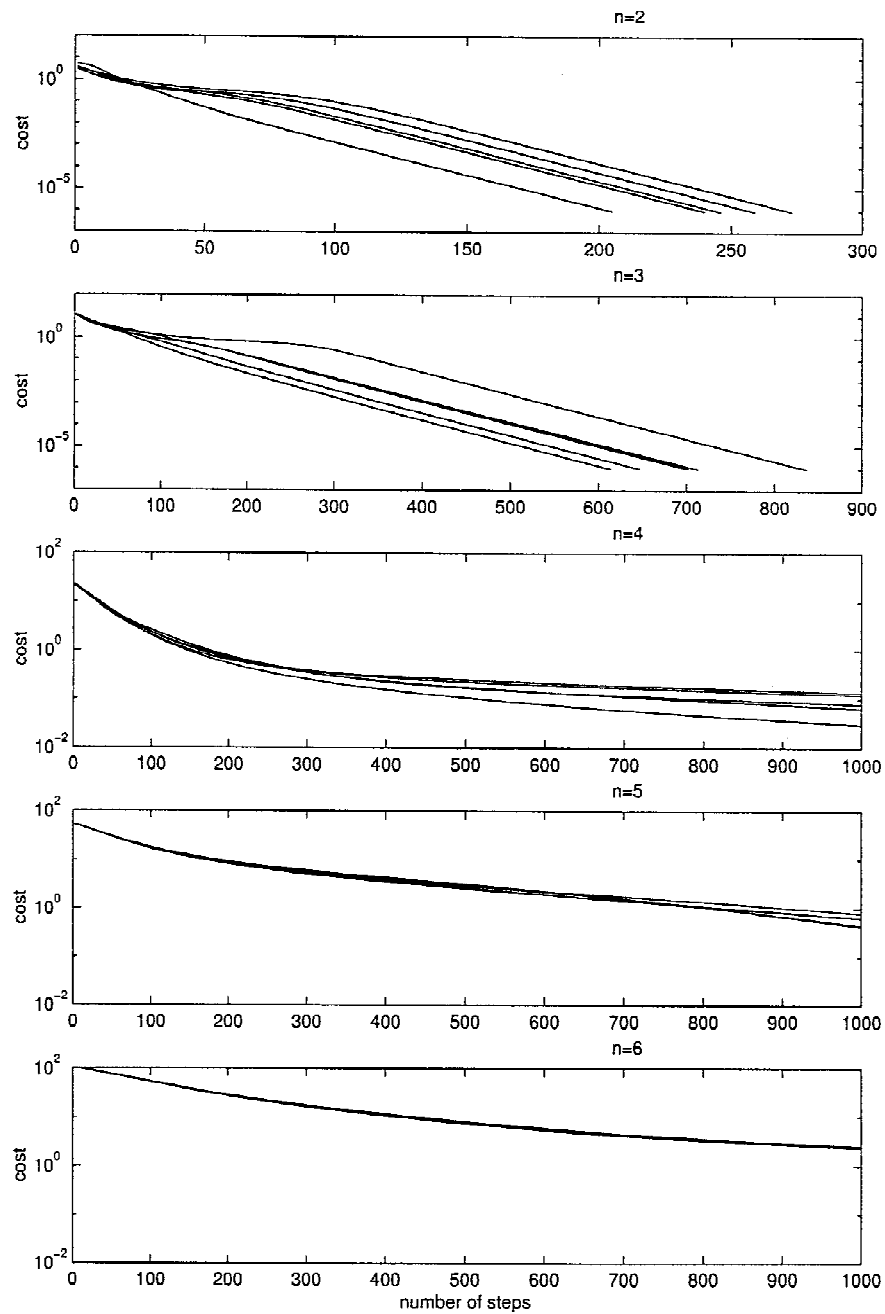


Figure 3. Minimization of the function $\text{cost} := f_n^{\max} - \Re(\text{tr}(C_n^\dagger U_k A_n U_k^\dagger))$ by discretization of the associated gradient flow using the constant step size defined by (61).

Number of I–Spins n	Termination Criterion	
	cost	or: no. of steps k
2	$< 10^{-6}$	> 1000
3	$< 10^{-6}$	> 1000
4	$< 10^{-5}$	> 1000
5	$< 10^{-4}$	> 1000
6	$< 10^{-3}$	> 1000

In all figures plotted points are joined by linear interpolation. The number of iterations seems to be typical in each case. The plots document linear convergence to a maximum as one would expect for a gradient-like method.

6. Acknowledgements

This work (U.H.) was completed during a sabbatical leave, spent at the Department of Systems Engineering, RSISE, ANU, Canberra, Australia. The hospitality of the Department members is gratefully acknowledged.

This work (T.S.-H.) was mainly performed during a sabbatical leave at University of Würzburg, Department of Mathematics, Lehrstuhl II, Germany. The generous reception and fruitful atmosphere is gratefully appreciated.

This research was partially supported by a Grant from DAAD, PPP Hong Kong D/01/22045 (U.H., K.H.) and by Deutsche Forschungsgemeinschaft, DFG, Grant SCHU-1374/1-1 (T.S.-H.).

References

1. T. Ando and C.-K. Li, editors. *Special Issue: The Numerical Range and Numerical Radius*, volume 37, 1–3 of *Linear and Multilinear Algebra*, pp. 1–238. Gordon and Breach, 1994.
2. N. Bebiano and J. Da Providência, On the boundary of the C-numerical range of a normal matrix. *Linear and Multilinear Algebra* 23: 145–157, 1988.
3. R.W. Brockett. Dynamical systems that sort lists, diagonalize matrices, and solve linear programming problems. In *Proc. IEEE of the 27th Conference on Decision and Control*, pages 799–803, Austin, TX, 12 1988. See also *Lin. Algebra & Applic.*, 146: 79-91, 1991.
4. R.W. Brockett. Differential geometry and the design of gradient algorithms. In *Proceedings of Symposia in Pure Mathematics*, 54, pp. 69–91, 1993.
5. R.W. Brockett and N. Khaneja. On the stochastic control of quantum ensembles. *System theory: modeling, analysis and control*, 75–96, Kluwer Internat. Ser. Engrg. Comput. Sci., 518, Kluwer Academic Publishers, Boston, MA, 2000.

6. W.-S. Cheung and N.-K. Tsing, The C -numerical range of matrices is star-shaped. *Linear and Multilinear Algebra*, 41: 245–250, 1996.
7. J. Dazord. On the C -numerical range of a matrix. *Lin. Algebra & Applic.*, 212/213: 21–29, 1994.
8. S.J. Glaser, T. Schulte-Herbrüggen, M. Sieveking, O. Schedletsky, N.C. Nielsen, O.W. Sørensen and C. Griesinger, Unitary control in quantum ensembles: Maximizing signal intensity in coherent spectroscopy. *Science*, 280: 421–424, 1998.
9. M. Goldberg and E.G. Straus, Elementary inclusion relations for generalized numerical ranges. *Lin. Algebra & Applic.*, 18: 1–24, 1977.
10. U. Helmke and J.B. Moore. *Optimization and Dynamical Systems*. CCEs. Springer, London, 1994.
11. A. Iserles, H.Z. Munthe-Kaas, S.P. Nørsett, and A. Zanna, Lie-group methods. *Acta Numerica* 9: 215–365, 2000.
12. C.-K. Li. C -numerical ranges and C -numerical radii. *Linear and Multilinear Algebra* 37(1-3): 51–82, 1994.
13. C.-K. Li and N.-K. Tsing, Matrices with circular symmetry on their unitary orbits and C -numerical ranges. *Proceedings of the American Math. Soc.* 111(1): 19–28, 1991.
14. S. Łojasiewicz. Sur les trajectoires du gradient d'une fonction analytique. *Seminari di geometria 1982-1983*, Università di Bologna, Istituto di Geometria, Dipartimento di Matematica, 1984.
15. T. Schulte-Herbrüggen. *Aspects and Prospects of High-Resolution NMR*. PhD thesis, ETH Zürich, 1998. Diss. ETH No. 12752.
16. O.W. Sørensen. Polarization transfer experiments in high-resolution NMR spectroscopy. *Progress in NMR Spectroscopy* 21: 503–569, 1989.
17. J. Stoustrup, O. Schedletsky, S.J. Glaser, C. Griesinger, N.C. Nielsen, and O.W. Sørensen. Generalized bound on quantum dynamics: Efficiency of unitary transformations between non-hermitian states. *Physical Review Letters* 74(15): 2921–2924, 1995.
18. J. von Neumann. Some matrix-inequalities and metrization of matrix-spaces. *Tomsk Univ. Rev.* 1: 286–300, 1937.
19. J. von Neumann. *Mathematical Foundations of Quantum Mechanics*. Princeton University Press, Princeton, NJ, 1955.